

## City Of Salisbury Athletics & Running Club

### Track & Field Report February 2020 – Extended Committee Meeting

Nothing too much to report as we prepare for the 2020 T&F season, we have had a variety of athletes of all ages competing in some indoors events at the beginning of 2020 with the Mens 800mtr indoor record broken so far.

We have 3 main T&F leagues that we are involved in this season, which are as follows:

**Wessex Young Athletes League** – For Quad kids (U11), U13, U15 & U17 athletes, It would be good to see an improved turn out for these events and where possible for parents to volunteer to help out if needed. We would ask coaches to encourage those athletes who train with them to participate, it's a non pressure league and if they can commit to come to training regularly, then we would expect them to help the team by taking part in the club meetings.

**Youth Development League** – We entered this last year for the first time as a composite team with Bournemouth AC & New Forest Juniors to give more competition experience to our older juniors. As we make up a team of athletes and officials from the 3 clubs, it takes the pressure off our overworked volunteer officials to turnout at every event, whilst giving the opportunity for our juniors to compete against some different clubs and prepare for the step up to the senior league.

**Southern Athletics League** – For the seniors to experience the joys of T&F! After two successive promotions we enter 2020 in the top division. We realise that the quality of opponents are going to be tough, but we will give it a go and we are sure with our amazing team spirit we will hold our own.

Since the return to track training, it now gives us the opportunity to start hosting meetings again, which we missed last year. As a result we have now got 3 home fixtures this season which are as follows:

25 April 2020 – Southern Athletics League (U17+)

7 June 2020 – Southern Athletics League (U17+)

14 June 2020 – Wessex Young Athlete League (Juniors)

The plus side to these home meetings, in particular the SAL meetings, is the avoidance of travelling to destinations which are miles away (Colchester for one) and with that we will hopefully get a better turn out of athletes and volunteers alike.

The downside is that we need to have lots of help, not only officials, but general volunteers for things like putting out hurdles, runners with results, results inputters and admin on the day, tea & cake providers, etc. However, we have seen before that CoSarc are very good at getting people to help when its on their doorstep, so we don't think this will be a problem.

We are looking at any equipment which may be needed before the season starts and are looking forward to an exciting T&F season.