



City of Salisbury Athletics and Running Club

Road Running Club-night

COVID-19 Risk Assessment

HAZARDS	Who might be harmed?	Settings (physical settings & activities)	Considerations for mitigations
Lack of awareness around Covid-19 risk factors and key government/ England Athletics/ local guidance for limiting the spread/ transmission of the disease	Runners / coaches	All settings/ activities	Communications with all members prior to accessing club activities – updated protocols and measures that have been implemented Communication/guidance for key club officers and volunteers to help with compliance Frequency of communication and compliance i.e. disclaimers/permission forms
Spreading/ transmission of Covid-19 through contact with disease on a surface or air borne transmission	Runners / coaches	Sign in register. Gates on routes.	Social distancing – Implementation of new protocols for numbers of people attending at the same time/use of alternative meeting place outside and each group distanced from each other/avoid routes where gates may need to be opened by runners.
		First aid and dealing with minor injuries	First aid available in leisure centre and club hut? Masks will be available in the club hut. Athletes for minor cuts/scrapes will be asked to attend to their own injury if possible. Run leader and runner to decide if this is possible. If not possible, seek help from the leisure centre staff and last resort if another club member is required to assist, face mask and gloves are required.
		Emergency procedures	Make sure everyone in the group is safe and contact the emergency services if required.
		Registration/end of training sessions	Social distancing – limit numbers in groups by using online booking system. Run leader to log register of attendance / non-attendance. Road Managers to retain attendance sheets for 14 days for Track & Trace purposes Recording / registering of Body Surface Temperature using no-touch infrared thermometer for all athletes.
		Throughout session	Keep 2m apart where possible.