

## Track Report – 25 November 2019

Although it is off-season for track there is still plenty to report:

**New Track Coaches** – We welcome, Sean Byrne – Coach, Endurance (helping Dave Amey on a Thursday), Joss Ferguson, Coaching Assistant, Charlie Boardman, Coaching Assistant, Paul Watling, Coaching Assistant.

**Coaching matters** – With Alan unwell the coaching meeting has been postponed a couple of times and the likelihood is that it will be held in the New Year now. However, if you have any issues or concerns, please voice them and we will see what we can do. We are looking for new coaches in the sprint group.

**Quad kids & U11 coaching** – This has benefitted from being back on the track and appears to be running smoothly thanks to a consistent stream of willing coaching assistants volunteering. The same sessions are replicated from Tuesday through to Thursday. The usual Winter break is going ahead starting 3&5 December planning to return after the February half term.

**Weekend Track Training** – With Alan unwell for the last 6 weeks, it has been difficult to co-ordinate any weekend training or track opening times. Suggestions welcome on this.

**Track works** – Although we can all agree the resurfaced track is great. There is no news on when the high jump is going to be sorted. The school is yet to apply for the track to be certified so the issues with the high jump, shot put, pole vault and steeplechase barriers although flagged by us have not been red flagged by the certification body. UKA are aware.

**Endurance running workshop**- for Lactic thresholds and MD runners. Tom Craggs from EA to hold in Salisbury – end of Feb/March tbc

**Athletics Leader Course** - to be held in Salisbury for parent's, young helpers etc

**Team Managers** - Young athlete team managers needed for Summer

**Home Matches** – We have two home matches booked in – 25 April for the SAL and 12 June for Wessex

**Weekend coaching** – With Alan unwell and not coaching at the weekends the track is not open both days over the weekends.

**Safeguarding Awareness** – A short course to be held in Salisbury to raise awareness.

**Starter** – Simon Adlard is stepping down from his starter role so the club urgently needs a volunteer to step up.